



Hepatitis A

Hepatitis A is a virus that can cause liver infection.

The virus is spread easily person to person.

How is it Spread?

When a person ingests the virus from objects, food, or drinks contaminated by small amounts of stool from an infected person.



Sex with
infected persons



Contaminated
food and drink



Drug use



Not washing hands
after bathroom use

Symptoms



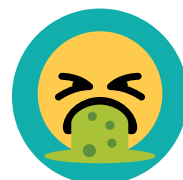
Dark pee
Pale poop



Yellowing
of skin or
the eyes



Fever



Nausea
Vomiting



Feeling
tired

Who is at Risk?

Anyone can get infected
with Hepatitis A,
but the people at
higher risk include:

- Men who have sex with men
- People with Substance Use Disorder
- People experiencing homelessness
- People with recent jail stay

Prevent the Spread

- Wash your hands frequently and especially after bathroom use or before food preparation
- Avoid sex with someone who has Hepatitis A infection
- Don't share personal items, food, drinks, or smoking devices with others

Get Vaccinated

The vaccine is recommended for:

- All children starting at one year of age and older
- People who are at increased risk of infection (noted above)
- Those with chronic liver diseases
- Anyone wishing to obtain immunity

To develop a plan for your town, contact your [Regional Public Health Network](#).