

# Survive and Thrive: Roadmap for New Local Health Officials

Learning • Networking • Coaching

Join the path to successful leadership in local public health.

## The Program

Survive and Thrive is a learning opportunity designed to enhance the skills of new local health officials (LHOs) at local health departments (LHDs).

If you are a new LHO, the program allows you to engage with seasoned colleagues, learn new skills, and apply practical hands-on experience to the challenges and opportunities presented by your new role.

As a Survive and Thrive Fellow, you will gain practical tools and tactics to help engage elected officials and community partners; best manage strategic planning and human, financial, and information resources; and bolster your ability to resolve challenges unique to your new role at an LHD.

The commitment is realistic, the price is right, and the resources are invaluable.

## The Benefits

You will acquire insight to better manage and achieve your LHD's goals.

In 12 months, you will build on your past experience, learn from experts and leading public health practitioners, and be part of an integrated group of other new LHOs providing a network accessible for on-the-job support.

- **Network** with experienced and new LHOs
- Learn critical **success strategies**
- **Share experiences** of successes and failures
- **Discover support resources** that help solve problems
- **Master the habits** of effective LHOs
- **Engage** with other health directors from all over the country who have been through the program

## The Details

Your participation in this program includes in-person workshops, webinars, developing a personal action plan, engaging in regular coaching sessions, and giving and receiving valuable input to and from your colleagues as a part of a peer learning team.

The curriculum will include topics such as the following:

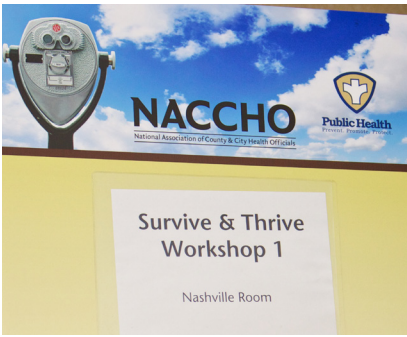
- Management challenges for new LHOs
- Leading and managing change
- Working with elected officials

## The Cost

Through support from the Robert Wood Johnson Foundation and the de Beaumont Foundation, the Survive and Thrive tuition is only \$250. The tuition includes in-person workshops, individual assessments, teleconferences, readings, webcasts, one-on-one coaching, and peer learning, including travel.



Survive and Thrive workshop participants develop creative solutions.



Scenes from an anything-but-typical Survive and Thrive workshop

## The Requirements

### New Local Health Officials

New LHOs must have been in their position for two years or less and commit to approximately 100 hours over a one-year period that includes the following activities:

- Workshop preparation
- In-person attendance of two workshops
- Developing an active coaching relationship
- Monthly conference calls with coaches and peers

### Aspiring Local Health Officials

In addition, as space permits, Survive and Thrive will be open to aspiring LHOs—LHD staff who are being groomed for an LHO position in the near future. These applicants have a leadership position within the LHD and are often second in command to the administrator of the LHD; such positions include deputy health directors, senior directors, division directors, assistant commissioners, and deputy health officials. Such applicants should currently work in an LHD and have a recommendation from their LHO; the current LHO should have been in the position for over two years (and is thus not eligible for Survive and Thrive).

### Coaches

Seasoned LHOs interested in coaching their new LHO peers may be interested in this opportunity. NACCHO invites you to nominate a colleague(s) or self nominate to serve as coach to approximately five fellows over a one-year period. Service includes reviewing the 360-degree performance reviews, individual development plans, and conference call discussions about each module in the curriculum. NACCHO will provide travel support to attend in-person workshops.

## Apply Now

Space is limited for this valuable learning opportunity. Please visit NACCHO's Survive and Thrive webpage at [www.naccho.org/topics/infrastructure/surviveandthrive/](http://www.naccho.org/topics/infrastructure/surviveandthrive/) for application details including deadlines and requirements.

Acknowledgments: NACCHO developed the Survive and Thrive program with the support of the Robert Wood Johnson Foundation and the de Beaumont Foundation.

# NACCHO

National Association of County & City Health Officials

The National Connection for Local Public Health

[www.naccho.org](http://www.naccho.org)



Public Health  
Prevent. Promote. Protect.

The mission of the National Association of County and City Health Officials (NACCHO) is to be a leader, partner, catalyst, and voice for local public health departments.

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